### I'M MAJORING IN

## WHERE CAN I STUDY ABROAD?

Hear student experiences studying your major in different countries around the world.



### POLITICAL

### SCIENCE

## CLARE MAUS



### Majors:

Political Science with minors in Psychology & French

Location/program:

Paris EDUCO

Picture of Monet's Gardens

In what ways did your study abroad experience change your perspective on your majors?

I am a French minor and have been studying French for about 10 years. While living in Paris, I had the opportunity to use my French like I've never experienced before. This rededicated me to my French studies. I now watch French shows and listen to French podcasts. I also took a psych class while in Paris. The French are much more into Freud than Americans (generally speaking) and it was interesting to hear their perspectives on him.

#### What courses did you take while abroad?

I took a French film class that focused on films set in Paris. I also took a phonetics class which was admittedly quite difficult but helped me a lot. Both these classes were with my program and my classmates were all Americans. I also took 2 classes directly enrolled at a Parisian university. At Paris Diderot, I took a history class. I also took developmental psychology at Paris Diderot.

### What is one of your favorite memories from your semester?

I loved loved loved getting to go to Monet's house which is in Normandy. You can take a train directly there from Paris. It's just as beautiful as his pictures made it look. I went on a bright and sunny day and it was amazing.

## EMILY COHEN



### Majors:

International Relations & Spanish

Location/program:

Madrid, Spain

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## NOAH WEISER



Majors:

History & Environmental Studies

Location/program:

DIS Denmark: Copenhagen, Denmark Fall 2019

Noah and his class inside a wind turbine during a trip to Ærøskøbing

### In what ways did your study abroad experience change your perspective on your majors?

The biggest change in opinion I had when I was abroad was about my environmental studies major. My core course was called Sustainable Development. Before I went abroad the idea of environmental studies to me meant focusing on the natural environment and nature. I learned abroad all about human interactions with the environment and how human development impacts the environment. Seeing first-hand sustainable practices put in place was such an eye opening experience. It made climate change seem less abstract in my mind. Denmark has taken control of the climate problem whereas in the United States we just talk about it.

#### What courses did you take while abroad?

The classes I took abroad were Sustainable Development in Northern Europe, Arctic Geopolitics, Danish Language & Culture, 20th Century European History, and Nordic Mythology

### What is one of your favorite memories from your semester?

One of my favorite memories of abroad is the freedom to travel and make yourself at home in a new city. I especially loved having classes with students from across the United States.

## PAIGE MONTFORT

# Majors:Location/program:Public Health andSIT's Food Systems ProgramInternational DevelopmentEcuador

### In what ways did your study abroad experience change your perspective on your majors?

This program opened me up to food and agriculture issues, which I now intend to focus on. IT prompted me to host a panel, this week actually, on food and nutrition related coursework at Tulane (because there is no specific major for this and the classes are spread across many different departments).

#### What courses did you take abroad?

I took 4 courses each worth 4 credits: an environmental studies course "agriculture/ecology/futures", an econ class "getting from field to fork", an anthropology corse "people, identity, and food", and a political science course "politics/ethics/food security". Lots of range there for course offerings and SIT IHP programs offer a range of programs like this with courses from different areas and I just applied for credit through each respective department.

### What is one of your favorite memories from your semester?

My favorite memory was probably ziplining (program-approved!) with the rest of my classmates through a cloud forest in Ecuador when we spent a few days at a place called Reserva Intillacta studying organic farming, climate change, and other environmental and food topics.

## PATRICK URBINE

Majors:Location/program:International DevelopmentSão Paulo, Braziland ManagementSão Paulo, Brazil

### In what ways did your study abroad experience change your perspective on your majors?

My experience studying abroad in São Paulo, Brazil, provided an invaluable opportunity to contextualize what I had previously studied in the classroom. For example, I took a Brazilian music ensemble course in New Orleans that covered an array of musical styles and rhythms. When I arrived in São Paulo, I remember walking along a main thoroughfare that had been closed off to vehicular traffic. Performers filled the street, and I was able to hear different lyrics and rhythms that I had learned in New Orleans.

### What courses did you take abroad?

While studying abroad, I took a mix of courses that focused on exploring social inequalities in the City of São Paulo, environmentally friendly business management practices, and Brazilian film.

### What is one of your favorite memories from your semester?

Some of my favorite memories from my year abroad were parading with friends through the streets during Carnaval.

### PUBLIC

### HEALTH

## **OLIVIA CORLESS**



### Majors:

Public Health, Psychology minor, & SLAM minor

Location/program:

CIEE Amsterdam, Amsterdam, Netherlands

In what ways did your study abroad experience change your

### perspective on your majors?

As a Public Health major, my study abroad experience in Amsterdam allowed me to take courses where I got to learn about Public Health on a global scale. They also gave me the opportunity to learn about a healthcare system so drastically different than the US' and its advantages and disadvantages. I got to learn more about niche topics I was interested in like healthcare infrastructure and maternal health. In my courses, I also got to listen to a bunch of local guest speakers which was always an enlightening experience. Some of my classes explored Public Health topics from a sociological and anthropological background- something that was super unique and I had never done before.

#### What courses did you take abroad?

I took 3 Public Health courses: Dutch Public Health, Youth & Health, and Life Courses, Family, & Health. I also took Intercultural Communication and a Dutch language class just for fun!

### What is one of your favorite memories from your semester?

loved traveling around Europe with my friends and exploring different countries and the Netherlands. The Netherlands is small enough that I got to see a lot of different cities and find cute small towns to take day trips to. It was super exciting to be completely on our own and plan our trips however we wanted.

## PAIGE MONTFORT

### Majors:

### Location/program:

Public Health and International Development

SIT's Global Health & Development Policy Program Near Geneva, Switzerland

### In what ways did your study abroad experience change your perspective on your majors?

Study abroad changed my perspective on public health because it got me thinking about it a lot more broadly, and this program also helped me connect my two majors and really feel like everything I was studying made sense together for my desired career path.

#### What courses did you take abroad?

I took 4 classes and did an independent study project for capstone credit in public health (4 credits). The courses all transferred as public health electives "SPHU 5380" (perspectives on global health, development policy and health, and research methods and ethics) except for my beginning French class "FREN 5380" (all the others besides my independent study were 3 credits each).

### What is one of your favorite memories from your semester?

My favorite memory is either hiking through the snowy Jura Mountains with my host mom to get the best fondue I've ever had, all while practicing my French (she rarely spoke any English) or walking around Switzerland and Germany at Christmastime with the Christmas markets, the lights, the roasted chestnuts, and other yummy warm foods.

## ECONOMICS

## SARA BALDAZO

### Majors:

### Location/program:

**Economics & Biology** 

IFSA University Canterbury Program Christchurch, New Zealand

### In what ways did your study abroad experience change your perspective on your majors?

I am an economics major and through study abroad I was able to gain a better understanding of the global economy and how other countries view the American economy. This change of perspective helped me to understand how the global economy is influenced by American culture and economics.

#### What courses did you take abroad?

I took Macro and Monetary Economics, Bio Ethics, Sociology: Global society, and Land Ethics and Journeys. I felt like 12 credit hours was a good amount because I was able to get the credits I needed and continue as a full time student while also having time to explore off campus and join student organizations.

### What is one of your favorite memories from your semester?

One of my favorite memories of the semester happened in my Land Ethics and Journeys course. That course is dedicated to the Mauri culture (Native New Zealanders) and how our interactions with the land have changed over time. For the course final, I went on a 3 day backpacking trip with 6 of my classmates. We learned how to backpack without harming the land and how to navigate via maps and landmarks. I gained a better understanding of New Zealand culture through this course and would highly recommend it to anyone studying abroad at the University of Canterbury.

### TESS GORMAN

### Majors:

Location/program:

Economics & Neuroscience

University of Bristol Bristol, England

### In what ways did your study abroad experience change your perspective on your majors?

I think learning about art in Europe was especially interesting. I got to see so many of the medieval paintings that we learned about in museums I would visit. It was also fun recognizing some of the things I learned about medieval architectural to cathedrals that I visited. With regards to econ, I think econ is pretty similar in England vs America and the course I took was a theory

course, so it was pretty similar to what I had learned before.

#### What courses did you take abroad?

I took three classes abroad – Growth and Development, Intro to Medieval Art, and Making of the Hispanic World.

#### What is one of your favorite memories from your semester?

One of my favorite memories was walking around the harbour in Bristol with my friend Zoe who was from Sydney, Australia. In general, I wasn't with any other Americans most of the time and being able to meet people from all over the world was so much fun. I still keep in touch with my friends, and it was an overall amazing experience.

## **PSYCHOLOGY**

## MAYA FRIEDMAN

### Majors:

Psychology & Spanish

### Location/program:

IFSA-Butler Program Buenos Aires, Argentina

### In what ways did your study abroad experience change your perspective on your majors?

Before my study abroad experience, I was a Psychology major and a Spanish minor. I had been taking Spanish my entire life, as my family enrolled me in an immersion program in Kindergarten, but up until then, my personal decision to continue to study Spanish in college had been justified as "why not?", rather than an actual desire to continue to learn and speak the language. However, that all changed when I went abroad. I was taking a lot of courses abroad which counted towards my Spanish minor, enough that I could have finished my minor while I was there. However, when I thought about the idea of getting back to school and not taking another Spanish class, I got really sad, and decided that it wouldn't make sense not to switch to a Spanish major. Over the course of my time abroad, I became comfortable speaking the language to an extent I had never been before, and with every new phrase I learned and used successfully, felt a new confidence in myself, and a new excitement to continue to learn. The ability to get myself anywhere I wanted to be in a city that was once completely foreign to me, was the most rewarding experience of my life. At this point looking back, I never want to stop speaking Spanish. It is a language which makes me feel connected to my time abroad and the experiences I had there, and to so many other people around the world who speak it too. I know my Spanish will continue to take me on adventures to new places and to meet new people for the rest of my life, and I will forever be grateful for my time abroad for causing me to take a moment and realize that I shouldn't take my language skills for granted.

#### What courses did you take abroad?

While abroad, I took 4 courses with my program, IFSA, and one at a local university, Universidad del Salvador (USAL). The courses I took with IFSA were Castellano (the Spanish class we were all required to take- I took a film one!), Diversidad, Minorias, y Genero (a course on the history of diversity/minorities/gender in Argentina, partially taught by Dora Barrancos!), Sociedad y Estado (an Argentinian history course), and Translation (a super fun English/Spanish translation course). The course I took through USAL was an Art History class, focused on Hispano-American and Argentine art.

#### What is one of your favorite memories from your semester?

One of my favorite memories from my semester was my trip to the dessert in the North of Argentina. I went with 7 of my close friends towards the end of our time abroad, and we flew into Jujuy, where we stayed the night in a hostel, and then took a bus to Salta, where we stayed in an Airbnb. We explored the city of Salta, where went to a museum where we saw Mummies, took a tram up to a hill where we saw an amazing view of the city, and we got to see live music during an amazing dinner. We then took a bus to Tilcara, which was a sweet little town in which we stayed at another Airbnb, and got to spend our time exploring the salt flats, going on a hike through a part of the desert that literally looked like Mars, and going on another hike with Ilamas! I basically spent the week exploring the desert with some of my closest friends, eating amazing food both in restaurants and that we got to cook in our Airbnbs. This was definitely a trip that we wouldn't have been able to do without a semester of Spanish under our belts, as it involved a lot of random bus hopping and asking people for directions. However, because of that, it was one of the most rewarding and amazing experiences of my life, and is definitely one of my favorite memories from abroad, one I will remember forever.

# ENVIRONMENTAL

### SCIENCE

### LAUREL MIRE



### Majors:

### Environmental Earth Science & Environmental Studies

### Location/program:

University of Otago Dunedin, New Zealand

In what ways did your study abroad experience change your perspective on your majors?

Studying abroad in New Zealand introduced me to a culture and government which treats their environment with respect and care. Through my coursework and exploring the country, I gained an informed outlook on the indigenous Maori culture which challenged me to see a range of perspectives on local and global issues such as resource management, indigenous rights, and environmental stewardship and how such ideals can play into governmental policies. I was also able to help with lab activities on a research boat and learned how to do seafloor mapping, water profiling, and plankton sampling while spotting endemic plant and animal species. My time abroad helped rejuvenate my love for my major while teaching me practical laboratory skills.

### What courses did you take abroad?

I took four courses abroad – Global Marine Systems, Environmental History of New Zealand, Maori Society, and Plants, People, and the Environment

#### What is one of your favorite memories from your semester?

One of my favorite memories from my semester was an overnight boat cruise in Doubtful Sound, a remote fiord on the east coast of New Zealand's South Island. My friends and I got to jump into the pristine (& freezing) waters, watch baby fur seals play on the shores, and kayak to some of the hundreds of natural waterfalls trickling down the rocky cliffs. The trip was organized by my study abroad program IFSA, and I never would have been able to experience such a pristine, untouched corner of the Earth without them.

### SOCIOLOGY

### SABRINA RUBENSTEIN



### Majors:

**Environmental Earth Science** & Environmental Studies

Location/program:

University of Otago Dunedin, New Zealand

In what ways did your study abroad experience change your perspective on your majors?

I studied abroad in Copenhagen, Denmark with DIS. I initially chose DIS specifically for the Sex Work and Prostitution course as I want to go into social work and wanted to see if this was a field that sparked my interest. My professors abroad were inspiring and actively engaged in their communities. I also had a visiting host mom (I did not live with her but we were matched soon after I arrived). She immensely enhanced my experience. She and I grew very close and I was able to see authentic Danish lifestyle as she lived out of the city. It was a very hands-on semester which was, so far, the highlight of my life!

#### What courses did you take abroad?

I took Sex Work and Prostitution in Scandinavia, Psychology of Leadership, Masculinities in Scandinavia, and Criminology.

#### What is one of your favorite memories from your semester?

Traveling to Amsterdam with my class and meeting sex workers in the red light district- that was definitely a once in a lifetime opportunity.